

Before Use of the VersaSpa Before Use of the VersaSpa:

- Skin should be free of heavy lotions, make-up and deodorant.
- Skin should be exfoliated. Ideally you want to exfoliate within a few hours of the session to minimize the amount of body oils that will begin to refill the skin with moisture.
- Exfoliating should be done the last step of showering to remove any remaining soap residue from the body.
- One exfoliation method includes use of baking soda on a washcloth. Body scrubs and washes are always popular.
- Washcloths made of soft cotton are ideal to use since **loofah and nylon** scrubbers can create a streaky spray tan.
- Exfoliants should not have any oil base in it. Nor should shaving creams and hair removal products. Oil based products can leave a negative impact on the tan because they create a barrier that prevents the solution from being absorbed into the outer skin layer.
- **NEVER** use bar soap on the day of a spray tan. Bar soaps are alkaline and skin is slightly acidic. Skin that is too alkaline will turn orange when spray tanned.
- Make-up, perfumes, colognes, deodorant and body lotion should not be used before a session because the solution will not penetrate it.
- DHA can potentially stain some types of fabric including nylon, polyester, spandex, lycra, wool and silk. Cotton products are the easiest to clean in normal washing cycles at home.
- Many customers wear disposable shower caps to keep the solution from getting in their hair. Others tan without covering their hair. The solution can't penetrate hair follicles and there have never been any cases where the tanning solution has changed anyone's hair color.

After the Spray Tan:

- Wear loose fitting clothing/cotton preferably.
- Don't go out in the sun for any long periods of time. Spray tan solution does not have SPF.
- Don't go to the gym or exercise today. Nor go swimming.
- Wait a minimum of 4-6 hours before showering. The longer you wait the better since **DHA continues to darken up to 24 hours after application.**
- Don't apply any lotions or creams for a few hours. After the first day, do moisturize your skin daily to help extend the life of the tan. It can also help prevent patchy fading.
- **"Wash off"** – Some of the instant color you see will come off in the shower, but that doesn't mean you lost your tan. You only lose the outer makeup that is suppose to come off anyway, so that the longer lasting tan can be revealed. Remember, DHA continues to darken up to 24 hours after application.

Additional Information:

- The tanning ingredient, DHA, is the source of the scent but it is only temporary
- Tattoos don't show up quite as well after a spray tan. Use barrier cream on the tattoo if desired.
- DHA is the master ingredient in spray tan solution.

Please do not hesitate to ask any tanning technician with questions you may have. Thank you.